

JANINA FISHER, Ph.D.

5665 College Avenue, Suite 220C

Oakland, California 94611

510-891-1809

DrJFisher@aol.com

www.janinafisher.com

Trauma Center at JRI – faculty member

Sensorimotor Psychotherapy Institute Faculty:

- *Advanced Trauma Training: Sensorimotor Psychotherapy for Complex Trauma and Dissociative Disorders*
- Level I: Trauma Training: *Affect Dysregulation, Survival Defences and Traumatic Memory*
- Level II: Developmental Trauma: *Emotional Processing, Meaning Making and Attachment Repair*
- Level III: *Advanced Skills/Certification* training course.

INVITED LECTURES AND COURSES

October 2013 “*Traumatic Attachment and Affect Dysregulation*”
PESI/CMI Seminars, Seattle, WA

Sept. 2013 “*Overcoming Trauma-related Shame and Self-Loathing*”
PESI Seminars, Philadelphia, PA

August 2013 “*Healing the Mind, Healing the Body*”
Two-day workshop sponsored by STARTTS
Sydney, Australia

May 2013 “*Beyond the Basics: Integrating the New ‘Best Practice Models’ into Psychotherapy for Trauma*”
Leading Edge Seminars, Toronto, Canada

May 2013 “*Internal Attachment Disorders: Overcoming Alienation from Self*”
Leading Edge Seminars, Toronto, Canada

May 2013 “*Shame and Self-Loathing in the Treatment of Trauma*”
Institute for Contemporary Psychotherapy, New York

April 2013 “*Body-Centred and Integrative Approaches for the Treatment of Complex Trauma*”

Scuola di Psicoterapia dell'Adolescenza a Indirizzo Psicodinamico,
Venezia, Italia

- April 2013 *“When Shame Gets in the Way: a Mind-Body Approach to Transforming Self-Loathing”*
Cheltenham, United Kingdom
- March 2013 *“Broken Bonds: Traumatic Attachment and Affect Dysregulation”*
Vancouver Coastal Health, Vancouver, British Columbia
- Jan. 2013 *“Soothing the Traumatized Brain”*
ATSAC Conference Keynote Address, London, United Kingdom
- Dec. 2012 *“Traumatic Attachment and Affect Dysregulation”*
PESI/CMI, San Francisco
- Nov. 2012 *“Dancing the Neurobiological Waltz: a Sensorimotor Approach to Trauma Treatment”*
SOS Workshops, London, Ontario
- Nov. 2012 *“New Approaches to Working with Traumatic Memory”*
SOS Workshops, London, Ontario
- Nov. 2012 *“Traumatic Attachment and Affect Dysregulation”*
PESI/CMI, Portland, Oregon
- Oct. 2012 *“Shame and Self-Loathing in the Treatment of Trauma”*
Psychological Counseling Services, Phoenix, Arizona
- Sept. 2012 *“Mindfulness-based Approaches to the Treatment of Trauma-related Dissociation”*
Sussex Psychology Services/British Psychological Association, Worthing, UK
- Sept. 2012 *“Minding the Body: Somatic Interventions for Enhancing EMDR Effectiveness”*
Two-day workshop, Institute European de Therapies Somato-Psychiques, Paris, France
- Sept. 2012 *“Shame and Self-Loathing in the Treatment of Trauma”*
Two-day workshop, Oslo, Norway
- July 2012 *“Minding the Body: Somatic Interventions for Enhancing EMDR Effectiveness”*
Two-day workshop, Anchorage, Alaska

- May 2012 *“Shame and Self-Loathing in the Treatment of Trauma”*
Leading Edge Seminars, Toronto, Canada
- May 2012 *“Healing Broken Bonds: Traumatic Attachment and Affect
Dysregulation”*
Institute for Contemporary Psychotherapy, New York
- May 2012 *“Healing Broken Bonds: Traumatic Attachment and Affect
Dysregulation”*
Premier Educational Services, Inc. (PESI)
- March 2012 *“Internal Attachment Disorders”*
One-day workshop, Psychotherapy Networker Annual Symposium
- March 2012 *“Trauma and Chronic Pain”*
Half-day workshop, Psychotherapy Networker Annual Symposium
- Jan., 2012 *“Healing Broken Bonds: Traumatic Attachment and Affect
Dysregulation”*
Two-day workshop, University of Sussex, United Kingdom
- Dec. 2011 *“Dancing the Neurobiological Waltz: a Sensorimotor Approach to
Trauma Treatment”*
Keynote address, Conference on Trauma, Addictions and Related
Disorders, Vancouver, BC
- Nov. 2011 *“When Words are not Enough: Working with Impulsivity and Shutdown”*
Massachusetts Dept. of Mental Health Inservice Training
- Nov. 2011 *“Working with the Neurobiological Legacy of Trauma”*
Annual Conference, Unity Behavioral Health Systems, Rochester, NY
- October 2011 *“Dancing the Neurobiological Waltz: a Sensorimotor Approach to
Trauma Treatment”*
A two-day workshop, Metanoia Institute, London
- Sept. 2011 *“The Neurobiological Legacy of Trauma”*
Keynote Address, SASH Conference, San Diego
- Sept. 2011 *“Minding the Body: Somatic Interventions for Enhancing EMDR
Effectiveness”*
Workshop, University of Sussex, UK
- Sept. 2011 *“Neuralplasticity and Mindfulness in the Treatment of PTSD”*
Workshop, Worcester Therapeutic Training Network, UK

- August 2011 *“Neuralplasticity and Mindfulness in the Treatment of PTSD”*
Vet Center Northeast Area Directors Training, Mystic, CT
- July 2011 *“Shame and Self-Loathing in the Treatment of Trauma”*
Cape Cod Institute
- May 2011 *“The Body as Resource: Sensorimotor Interventions for the Treatment of Trauma”*
Preconference Workshop, Annual Trauma Conference, Boston, MA
- May 2011 *“Healing Broken Bonds: Traumatic Attachment and Affect Dysregulation”*
Jack Hirose & Associates, Vancouver, Canada
- April 2011 *“Healing Broken Bonds: Traumatic Attachment and Affect Dysregulation”*
Montana State University Health Services
- March 2011 *“Retraining the Nervous System: the Power of Neuralplasticity”*
2011 Psychotherapy Networker Symposium
- March 2011 *“Brain to Brain: Dancing the Neurobiological Waltz”*
2011 Psychotherapy Networker Symposium Preconference
- Jan., 2011 *“Trauma and Violence: a Neurobiological Perspective on Safety”*
NHS, Glasgow, Scotland
- Jan., 2011 *“Minding the Body: Somatic Interventions for Enhancing EMDR Effectiveness”*
Two-day workshop, Regionalt Ressurssenter om vold Traumatisk, Kristiansand, Norway
- Dec., 2010 *“Putting the Pieces Together: New Approaches to the Treatment of Trauma and Dissociation”*
One-day workshop, Institute for Contemporary Psychotherapy, NYC
- Nov., 2010 *“Neuroplasticity and Mindfulness in the Treatment of Trauma”*
Sexual Assault Support Services Annual Conference, Portsmouth, NH
- Nov., 2010 *“New Solutions in the Treatment of Trauma and Dissociation”*
Two-day workshop, London, Ontario
- Nov., 2010 *“Addressing Unsafe Behavior from a Somatic Perspective”*
Mass. Dept. of Mental Health, Tewksbury State Hospital

- Oct., 2010 *“Neuroplasticity and Mindfulness in the Treatment of Trauma”*
Keynote, Annual Conference, US Association for Body Psychotherapy
- Oct., 2010 *“Healing Broken Bonds: Traumatic Attachment and Affect
Dysregulation”*
Two-day workshop, Oslo, Norway
- Sept., 2010 *“Shame, Perfectionism and Self-Loathing”*
One-day workshop, Berkeley, California
- Sept., 2010 *“Neuroplasticity and Mindfulness in the Treatment of Trauma”*
One-day workshop, Berkeley, California
- August, 2010 *“Healing Traumatic Attachment and Affect Dysregulation”*
Cape Cod Institute Summer Workshop
- July, 2010 *“New Solutions in the Treatment of Trauma and Dissociation”*
Psychological Therapy Services, Gloucester, UK
- May, 2010 *“Healing Broken Bonds: Traumatic Attachment and Affect
Dysregulation”*
Two-day workshop
Delphi Centre, Melbourne/Sydney/Brisbane, Australia
- May, 2010 *“Understanding the Prolonged Effects of Childhood Trauma and Neglect”*
Keynote Address, San Mateo County (CA) Annual Trauma Conference
- April, 2010 *“Mindfulness and Neuroplasticity in the Treatment of Trauma”*
Leading Edge Seminars, Toronto, Canada
- March, 2010 *“Brain to Brain: the Therapist as Neurobiological Regulator”*
Psychotherapy Networker Annual Conference
- March, 2010 *“Broken Bonds: Attachment, Trauma and the Body”*
Brattleboro, Vermont
- Feb., 2010 *“Understanding the Prolonged Effects of Childhood Trauma”*
Mass. Dept. of Mental Health, Tewksbury State Hospital
- Nov., 2009 *“Broken Bonds: Attachment, Trauma and the Body”*
Solutions-on-Site, London, Ontario, Canada
- Nov., 2009 *“Trauma and Aggression: Self-Harm, Suicidality, and Violent Behavior”*
Mass. Dept. of Mental Health, Westborough State Hospital
- Oct. 2009 *“Broken Bonds: Attachment, Trauma and the Body”*

Center for Family Therapy, Portsmouth, NH

- Sept. 2009 *“Integrating Somatic Approaches into Traditional Talking Therapies”*
University of Oslo (Norway) Dept. of Psychology
- Sept. 2009 *“Helping Young People Understand the Effects of Trauma”*
Mass. Dept. of Mental Health, Westborough State Hospital
- June. 2009 *“Integrating Somatic Interventions into Trauma Treatment”*
Mass. Dept. of Mental Health, Westborough State Hospital
- May 2009 *“The Body as a Shared Whole: Body-Oriented Approaches to Treating
Dissociative Disorders”*
Two-day workshop, Oslo, Norway
- April 2009 *“Treating the Addicted Survivor of Trauma: a Somatic Perspective”*
One-day workshop, Berkeley, California
- April 2009 *“Minding the Body: Somatic Interventions for Enhancing EMDR
Effectiveness”*
Keynote, W. Mass. Regional EMDR Society Annual Conference
- April 2009 *“Broken Bonds: Attachment, Trauma and the Body”*
Dalhousie University School of Social Work, Halifax, Nova Scotia
- March 2009 *“Minding the Body: Somatic Interventions for Enhancing EMDR
Effectiveness”*
Two-day workshop, EMDR Resources, Inc., Ann Arbor, Michigan
- March 2009 *“Broken Bonds: Attachment, Trauma and the Body”*
Keynote Address, Annual Conference of the
International Association of Eating Disorders Professionals
- Feb. 2009 *“Trauma and the Body: Somatic Approaches to the Treatment
Of Chronic Traumatization”*
Two-day workshop, Psychotraumatology Institute of Europe, Germany
- Jan. 2009 *“Broken Bonds: Attachment, Trauma and the Body”*
JRI Training Institute, Manchester, NH
- Dec. 2008 *“Translating Trauma-Informed Care into Treatment Practice”*
Mass. Dept. of Mental Health, Westborough State Hospital
- Dec. 2008 *“Broken Bonds: Attachment, Trauma and the Body”*
Two-day workshop, Leading Edge Seminars, Toronto, Canada

- Nov. 2008 *“Minding the Body: Somatic Approaches to Processing Memory”*
Three-day workshop, Argyll and Bute Hospital, Scotland
- Oct. 2008 *“Broken Bonds: Attachment, Trauma and the Body”*
NJ Society for the Treatment of Trauma and Dissociation
- Oct. 2008 *“Minding the Body: Somatic Interventions for Enhancing EMDR Effectiveness”*
Two-day workshop, Helena, Montana
- Sept. 2008 *“Resolving Traumatic Memory: EMDR”*
NASW of Mass. Conference Keynote Address, Dedham, MA
- Sept. 2008 *“Restoring the Capacity for Daily Life: Stabilization in the Treatment of Trauma”*
Two-day workshop, Bergen, Norway
- August 2008 *“Trauma, Consciousness and the Body: New Approaches to the Treatment of Trauma”*
Harvard Medical School Summer Conference Series
- July 2008 *“Trauma, Consciousness and the Body: New Approaches to Trauma Treatment”*
Massachusetts Department of Mental Health, U. Mass Medical Center
- June 2008 *“Affect Regulation, Attachment, and Trauma”* (with Pat Ogden)
Psychological Trauma Conference Preconference, Boston, Mass.
- June, 2008 *“Minding the Body: Somatic Interventions for Enhancing EMDR Effectiveness”*
Preconference Workshop, EMDR-Europe Conference
- May, 2008 *“Dissociative Phenomena in the Everyday Lives of Trauma Survivors”*
Beth Israel Hospital Grand Rounds
- May, 2008 *“Trauma and the Body: Integrating Somatic Interventions into Traditional Talking Therapies”*
New Jersey Society for the Treatment of Trauma and Dissociation
- April, 2008 *“Minding the Body: Somatic Interventions for Enhancing EMDR Effectiveness”*
No. California EMDR Regional Society Annual Conference, Oakland, CA

- March, 2008 *“Trauma and Adaptation in Childhood”*
Franciscan Hospital for Children Annual Conference, Boston, Mass.
- March, 2008 *“Frontiers of Trauma Treatment: Working with the Somatic Legacy of Trauma”* (with Bessel van der Kolk)
Training Institute, The Trauma Center at JRI, Boylston, Mass.
- Feb., 2008 *“Minding the Body: Sensorimotor Techniques for Enhancing EMDR”*
Argyll & Bute Hospital, Oban, Scotland
- Oct., 2007 *“The Unintended Legacy of Trauma: Addiction and Dissociation”*
Martha’s Vineyard Community Services Annual Conference
- Oct., 2007 *“The Body as a Shared Whole: Somatic Interventions for Treating Trauma and Dissociation”*
Psychotraumatology Institute Europe, Hilden, Germany
- Oct., 2007 *“The Body as a Shared Whole: Somatic Interventions for Treating Trauma and Dissociation”*
New England Society for the Treatment of Trauma and Dissociation
- Sept., 2007 *“Trauma, Consciousness & the Body: New Approaches to the Treatment of Trauma”*
Kaiser-Permanente, Richmond, California
- Sept., 2007 *“Relational Trauma and the Trauma of Relationship”*
East Bay Community Foundation, Oakland, California
- June, 2007 *“Trauma, Consciousness and the Body”*
Massachusetts Dept. of Mental Health Training, Worcester State Hospital
- March, 2007 *“Minding the Body: Somatic Interventions for Enhancing EMDR Effectiveness”*
Two-day workshop, Kansas City, Missouri
- Jan. 2007 *“Broken Bonds: Attachment, Trauma and the Body”*
Two-day workshop, London, United Kingdom
- Oct. 2006 *“Trauma and the Body: an Introduction to Sensorimotor Psychotherapy”*
The Trauma Center, Brookline, Massachusetts
- Oct. 2006 *“Top-down and Bottom-up Approaches to Treating Trauma-Related Dysregulation”*

Erskine Hospital, Glasgow, Scotland

- Oct. 2006 *“Short-term Interventions for Treating Trauma”*
Counseling Services, Inc., Wells, Maine
- Sept. 2006 *“Broken Bonds: Attachment and Trauma”*
Massachusetts Mental Health Counselors Lecture Series
- August 2006 *“Trauma and the Body: Integrating Body-Centered Approaches into
Traditional Talking Therapies”*
Cape Cod Institute Summer Workshop Series
- June 2006 *“Trauma, Consciousness & the Body”*
Harvard Medical School Winter Seminar Series, Esalen Institute
- June, 2006 *“Mindfulness and the Body: Working with Dysregulation and
Physical Action”* (with Pat Ogden, Ph.D.)
Psychological Trauma Conference Preconference Workshop
- May 2006 *“Somatic Interventions for Enhancing EMDR Effectiveness”*
Institute for Contemporary Psychotherapy, New York City
- May 2006 *“Trauma, Consciousness & the Body”*
Master Therapists Lecture Series
University of Connecticut Health Services
- April 2006 *“Helping Women Get Unstuck”*
Keynote Address, Harvard Medical School Womens Conference
- April 2006 *“Working with the Neurobiological Legacy of Trauma”*
Keynote Address, University of Westminster, London
- March, 2006 *“Top-down and Bottom-up Approaches to Treating Trauma-related
Dysregulation”*
Psychotraumatology Institute Europe, Cologne, Germany
Two-day workshop
- Dec., 2005: *“Dissociative Phenomena as a Complication in Trauma Treatment”*
Harvard Medical School/Cambridge Hospital Continuing Education Series
- Nov., 2005 *“Minding the Body: Integrating EMDR & Sensorimotor Psychotherapy”*
One-day workshop
Institute for Contemporary Psychotherapy, New York City
- Oct., 2005 *“Trauma and the Body”*

- Workshop, Argyll and Clyde Hospital, Inveraray, Scotland
- Sept., 2005 *“Broken Bonds: Working with Attachment and Trauma”*
One-day workshop, Montpelier, Vermont
- Sept., 2005 *“Minding the Body: Integrating EMDR and Sensorimotor Psychotherapy”*
EMDR International Association Annual Conference Preconference
- August, 2005 *“Trauma and the Body: Perpetuating the Cycle of Violence”*
Utah Domestic Violence Council Annual Conference
Keynote Address
- July, 2005 *“Trauma, Consciousness and the Body”*
Harvard Medical School Summer Conference Series
- June, 2005 *“Trauma and the Body: an Introduction to Sensorimotor Psychotherapy”*
Cape Cod Institute Weeklong Workshop
- June, 2005 *“Minding the Body: Integrating EMDR and Sensorimotor Psychotherapy”*
Berkeley, California
- June, 2005 *“Getting Off the Roller Coaster: New Approaches to Treating Trauma”*
Keynote Address
Psychological Trauma Conference, Boston, Massachusetts
- May, 2005 *“Trauma, Consciousness and the Body”*
Argyll & Bute Hospital
Glasgow, Scotland
- April, 2005 *“Trauma, Consciousness and the Body: Cutting Edge Treatment
For Post-Traumatic Stress”*
Harvard Medical School Conference Series
Esalen Institute, Big Sur, California
- April, 2005 *“Dissociative Phenomena in the Everyday Lives of Trauma
Survivors”*
National Association of Social Workers, Dedham, MA
- March, 2005 *“Addictions and Trauma”*
Trauma Center Lecture Series, Boston, Massachusetts
- Sept., 2004 *“Trauma and the Body”*
Sexual Assault Support Services Annual Conference
Portsmouth, New Hampshire

- July, 2004 *“Trauma, Consciousness and the Body”*
Harvard Medical School Summer Conference Series
- June, 2004 *“Language, Relationship and Action: the Role of Communication, Understanding and Physical Action in Overcoming Trauma”*
(with Bessel van der Kolk and Judith Herman)
Psychological Trauma Conference Preconference Workshop
- May, 2004 *“Putting the Pieces Together: New Approaches to the Treatment of Dissociation”*
Keynote Address, United Kingdom Society for the Study of Dissociation
- May, 2004 *“Trauma and the Body”*
UK Society for the Study of Dissociation, Preconference Workshop
- Mar., 2004 *“Trauma, Consciousness & the Body”* (with Bessel van der Kolk)
Harvard Medical School Winter Conference Series, Longboat Key, FL
- Jan., 2004 *“Exploring Inner Landscapes: Collaborative Techniques for Identifying Old Conflicts and New Solutions in Dissociative Disorder Patients”*
New England Society for the Treatment of Trauma and Dissociation
Quarterly Program
- Nov., 2003 *“What Does It Mean to ‘Treat’ a Trauma? What We Know and Don’t Know in the 21st Century”*
Mental Health Association of Connecticut Annual Conference
- Nov., 2003 *“When Normal Life Becomes Unsafe: Homelessness and Trauma”*
Boston University Medical School Conference on Urban Community Psychiatry and Mental Health Practice
- Sept., 2003 *“Minding the Body: Integrating EMDR and Sensorimotor Psychotherapy”*
EMDR International Association Annual Conference, Denver, Colorado
- July, 2003 *“Working with The Neurobiological Legacy of Trauma”*
American Mental Health Counselors Annual Conference, Seattle
- May, 2003 *“Getting Off the Roller Coaster: New Approaches to Treating Childhood Trauma”*
South Shore Mental Health Center
- Mar., 2003 *“Treating the Neurobiological Legacy of Trauma”*
Beth Israel Department of Social Work
- Feb., 2003 *“Trauma, Consciousness and the Body”* (with Bessel van der Kolk)
Week-long conference

Harvard Medical School Winter Conference Series

- Jan., 2003 *“The Body in Trauma: Implications of the Neurobiological Research for Treatment”*
Grand Rounds, South Jamaica Plain Health Center
- Oct., 2002 *“Putting the Pieces Together: Treating Dissociation”*
Grand Rounds, Pembroke Hospital
- April, 2002 *“Getting Off the Roller Coaster: Treating the Effects of Childhood Neglect and Abuse”*
Keynote Address, Mass. Mental Health Counselors Annual Conference
- April, 2002 *“Getting Off the Roller Coaster: New Approaches to Treating Childhood Trauma”*
Grand Rounds, Pembroke Hospital, Pembroke, MA
- Nov., 2001 *“Recognizing & Treating Dissociative Disorders”*
Full-day Workshop (with Epstein, Grossman, Shapiro & Wagner)
Massachusetts School of Professional Psychology
- Sept., 2001 *“Integrating Trauma Work and Addictions Recovery”*
Half-day Workshop, Metrowest Dual Diagnosis Task Force
- May, 2001 *“Treating Dissociative Identity Disorder”*
Full-day Workshop
University of Wisconsin, Milwaukee
- March, 2001 *“Dissociative Phenomena in the Everyday Lives of Trauma Survivors”*
Workshop, Psychological Trauma Conference, Boston
- Feb., 2001 *“Integrating EMDR Into Everyday Clinical Practice”*
Third Annual EMDR Conference, Arbour Health Systems
- Nov., 2000 *“Treating Complex PTSD”*
University of Wisconsin, Milwaukee

Dr Fisher also runs her own webinar series: see www.janinafisher.com for further information